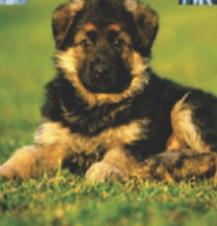


Application	Frequency	Dilution per 10 litres	Minimum Exposure
<p>Sweep or rinse away loose debris. On floors, use a dust-attracting mop, not a broom            Where possible, make use of vacuum (Clean bag daily)            Remove "spills" (faeces, urine, blood, vomitus, pus) with disposable paper prior to mopping            Use mops on floor surfaces only and nylon brushes / brooms with nylon bristles in cages            Use a two-bucket system and two sets of cleaning equipment (one in use, one stored clean and dry)</p> <p><b>Mops / Brushes / Cloths</b></p> <ul style="list-style-type: none"> <li>- Rinse with water End of Shift</li> <li>- Wash thoroughly using F10SCXD</li> <li>- Immerse in F10SC, dry out excess water</li> </ul> <p><b>GENERAL</b></p> <p><b>Walls and Tiles</b></p> <ul style="list-style-type: none"> <li>- Wash from top to bottom using F10SCXD</li> <li>- Wash off visible dirt (e.g. blood) using F10SCXD</li> </ul> <p><b>Counters / Bench Tops</b></p> <ul style="list-style-type: none"> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>Chairs</b></p> <ul style="list-style-type: none"> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>Cupboards and Shelving</b></p> <ul style="list-style-type: none"> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>Waste Bins</b></p> <ul style="list-style-type: none"> <li>- Remove plastic liner, tie closed and discard</li> <li>- Wash down using F10SCXD</li> <li>- Trigger spray inside of new plastic liner as well as top</li> </ul> <p><b>Door handles / Light switches / Telephones / Keyboards</b></p> <ul style="list-style-type: none"> <li>- Trigger spray using F10SC onto a paper towel and wipe down</li> </ul> <p><b>Benches and sinks / Wash basins</b></p> <ul style="list-style-type: none"> <li>- Wash with water to remove debris</li> <li>- Wash/Scrub with nylon brush using F10SCXD</li> </ul> <p><b>Floors</b></p> <ul style="list-style-type: none"> <li>- Sweep clear with dust-attracting mop, not broom. If possible, vacuum</li> <li>- Avoid dispersal of dust and bacteria by keeping mop head in contact with floor and not lifting at end of each stroke.</li> <li>- Apply F10SCXD to floor using clean mop and wash with long, un-interrupted strokes.</li> <li>- Discard used water from mop into separate bucket (use two compartment system)</li> <li>- Apply F919SC, scrub lightly with nylon broom, rinse and mop dry</li> </ul> <p><b>Floor drains / Sink wastes</b></p> <ul style="list-style-type: none"> <li>- Remove drain covers/traps and scrub with F919SC</li> <li>- Flush with large volumes of clean water</li> <li>- Pour 1 litre of diluted F10SC down drain</li> <li>- Vacuum, do not brush or sweep. Check inner paper bag and clean out if more than half full. Clean out away from patient areas with minimum dispersal of dust.</li> </ul> <p><b>Toilets and sluices</b></p> <ul style="list-style-type: none"> <li>- Scrub inside of bowl with nylon brush on long handle using F10SCXD</li> <li>- Trigger spray seat, cover and handle using F10SC and wipe down with paper towel</li> </ul> <p><b>RECEPTION AREA'S</b></p> <p><b>Scale</b></p> <ul style="list-style-type: none"> <li>- Wash down using F10SCXD</li> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>CONSULTING ROOMS</b></p> <p><b>Examination table and mattress</b></p> <ul style="list-style-type: none"> <li>- Wash visible debris off with clean water</li> <li>- Wash down using F10SCXD (top and underneath)</li> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>Trolleys</b></p> <ul style="list-style-type: none"> <li>- Wash down using F10SCXD</li> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul> <p><b>Thermometers</b></p> <ul style="list-style-type: none"> <li>- Use two sets, one in use and one stored dry</li> <li>- After use, wipe with disposable paper</li> <li>- Wipe using F10 Wipes or spray with F10SC and wipe with paper towel</li> </ul> <p><b>THEATRES / PROCEDURE ROOMS</b></p> <p>Use separate set of cleaning equipment, clean and disinfect as recommended above</p>	<p>End of Shift End of Shift</p> <p>Monthly When necessary</p> <p>Twice Daily</p> <p>Daily</p> <p>Weekly</p> <p>Daily Daily</p> <p>Daily/When visibly dirty</p> <p>Daily</p> <p>Daily/When soiled</p> <p>Weekly</p> <p>Weekly</p> <p>Weekly</p> <p>Daily Daily</p> <p>Daily After every use</p> <p>Daily After every use</p> <p>Weekly Daily</p> <p>After every use After every</p>	<p>40ml 40ml</p> <p>40ml 40ml</p> <p>40ml</p> <p>40ml</p> <p>40ml</p> <p>40ml 40ml</p> <p>40ml</p> <p>40ml</p> <p>40ml</p> <p>100ml</p> <p>100ml</p> <p>40ml</p> <p>40ml 40ml</p> <p>40ml 80ml</p> <p>40ml 40ml</p> <p>40ml 40ml</p> <p>40ml 40ml</p>	<p>Hang to dry</p> <p>Leave to dry Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry</p> <p>10 min</p> <p>10 min</p> <p>Carpets</p> <p>Leave to dry</p> <p>Leave to dry Leave to dry</p> <p>Leave to dry</p> <p>Leave to dry</p> <p>use Leave to dry</p>



Application	Frequency	Dilution per 10 litres	Minimum Exposure
<p><b>Operating table</b></p> <ul style="list-style-type: none"> <li>- Wash visible debris off with clean water</li> <li>- Wash down using F10SCXD (top and underneath)</li> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul>	After every use After every use	40ml 40ml	Leave to dry
<p><b>Linen (Drapes)</b></p> <ul style="list-style-type: none"> <li>- Soak soiled/bloodstained linen in cold water before sterilization</li> <li>- Septic cases: Soak in F10SCXD before washing and sterilization</li> </ul>	After every case	40ml	30 min
<p><b>EQUIPMENT / INSTRUMENTS</b></p> <p><b>Anaesthetic Machines, Suction Apparatus, Ventilators and Humidifiers</b></p> <ul style="list-style-type: none"> <li>- Wash bottles and tubing using F10SCXD and hang to dry thoroughly</li> <li>- Rinse bottles and tubing using F10SC</li> <li>- Wipe apparatus down using F10SC</li> </ul>	Daily/After use Daily/After use Daily/After use	40ml 40ml 40ml	Hang to dry Leave to dry
<p><b>Incubators, Fridges, Microwave Ovens, O/h Lights, Defibrillators and Hydro baths</b></p> <ul style="list-style-type: none"> <li>- Wash down using F10SCXD</li> <li>- Trigger spray using F10SC and wipe down with paper towel</li> </ul>	Visibly soiled/Weekly Daily	40ml 40ml	Leave to dry
<p><b>Endoscopes</b></p> <ul style="list-style-type: none"> <li>- Follow manufacturer's instructions with regards to rinsing procedure after use as well as use of enzymatic agent.</li> <li>- Rinse for 1 minute. Wash using F10SCXD for 10 minutes if mechanical (5 minutes if ultrasonic), rinse for 1 minute.</li> <li>- Soak in F10 STERILANT(RTU) for 10 minutes, rinse with sterile water or use without rinsing</li> <li>- OR soak in F10SC (1:100) for 10 minutes, rinse with sterile water or use without rinsing</li> </ul> <p><b>NOTE:</b> If a glutaraldehyde had been used to disinfect the instrument, it must be thoroughly washed and wiped with alcohol before immersed in F10. A reddish residue may form on the instrument as the result of an interaction between the aldehyde and F10. This will not damage the instrument and can be avoided by thorough cleansing to remove all aldehyde residues.</p>	After every use After every use After every use After every use	100ml As is 100ml	10 min 10 min 10 min
<p><b>Electric razors and blades</b></p> <ul style="list-style-type: none"> <li>- Scrub with nylon brush using F10SCXD</li> <li>- Trigger spray using F10SC</li> <li>- Apply blade wash/lubricant</li> <li>- Store dry</li> </ul>	After every use After every use	40ml 40ml	1 min
<p><b>Endotracheal Tubes</b></p> <ul style="list-style-type: none"> <li>- Wash thoroughly with F10SCXD (rinse lumen thoroughly to clear away mucous)</li> <li>- Soak in F10SC</li> <li>- OR soak in F10 STERILANT (RTU)</li> <li>- Rinse with sterile water OR remove without rinsing</li> <li>- Store clean and dry</li> </ul>	After every use After every use After every use	40ml 40ml As is	30 min 10 min
<p><b>Needles, Syringes, I/V Catheters, Drip Sets, Suture Material, Nail Brushes</b></p> <ul style="list-style-type: none"> <li>- Single use is safest and best practice!</li> <li>- Do not store in disinfectant</li> <li>- Wash using F10SCXD</li> <li>- Soak in F10 STERILANT (RTU)</li> <li>- Rinse with sterile water OR remove without rinsing</li> <li>- Store clean and dry</li> </ul>	After every use After every use	40ml As is	10 min 10 min
<p><b>Instruments</b></p> <ul style="list-style-type: none"> <li>- Cover soiled instruments with sterile damp swab to avoid blood drying on them</li> <li>- Wash thoroughly in lukewarm water and F10SCXD using a soft nylon brush</li> <li>- Dry thoroughly and lubricate with instrument lubrication. Dry</li> <li>- Sterilize through moist steam or cold sterilization process</li> </ul>	During procedure After procedure	100ml	10 min
<p><b>Cold Sterilization</b></p> <ul style="list-style-type: none"> <li>- Fully immerse clean and dry instruments in fresh solution of F10 STERILANT (RTU)</li> </ul>	After cleaning and when required	As is	10 min
<ul style="list-style-type: none"> <li>- Remove using sterile instrument or wearing sterile gloves (rinse with sterile water or use without rinsing)</li> <li>- Use immediately or store in sterile container</li> </ul>			
<p><b>Patient Skin preparation</b></p> <ul style="list-style-type: none"> <li>- Clip wide area neatly and as short as possible using clean no 40 blade</li> <li>- Wash area thoroughly using F10 HAND SCRUB OR F10 ANTISEPTIC LIQUID SOAP and lukewarm</li> <li>- water, rinse, dab away excess moisture. Repeat until no visible dirt left on skin</li> <li>- Spray area with F10 SKIN PREP (RTU) and wipe with clean swab. Repeat</li> <li>- Move patient onto operating table, spray surgical site with F10 SKIN PREP (RTU) and leave to dry</li> </ul>	Before procedure Before procedure Before procedure	4ml As is As is	30 sec 30 sec Leave to dry



Application	Frequency	Dilution per 10 litres	Minimum Exposure
<b>HANDWASHING</b>			
<b>Sterile and aseptic invasive procedures</b>			
- Wash hands with F10 HAND SCRUB and lukewarm water while keeping hands higher than elbows and using friction for 2 minutes; close tap with elbows	Before procedure	4ml As is	2 min
- Dry hands with sterile towel from fingers to elbow			
<b>General Practice</b>			
- Wash hands with F10 ANTISEPTIC LIQUID SOAP and water using friction for 30 seconds	Between cases/ After contamination	4ml As is	30 sec
- Dry hands with paper towel; use paper towel to close tap After contamination/ - Use F10 HAND GEL as an alternative for decontamination of hands between cases	After any body function	1ml as is	Leave to dry (30 sec)
<b>X-RAY EQUIPMENT</b>			
<b>Lead gloves and gowns</b>			
- Wash using F10SCXD if visibly soiled	If visibly soiled	40ml	Leave to dry
- Trigger spray using F10SC and wipe down with paper towel	Daily	40ml	
<b>FOOD / DRINK BOWLS, FEEDING BOTTLES, FOOD MIXERS</b>			
- Rinse well in hot water	After use		Leave to dry
- Wash using hot water and F10SCXD	After use	40ml	
- Immerse in F10SC or trigger spray	After use	40ml	
<b>LAUNDRY AND BEDDING</b>			
- Remove organic matter			30 min
- Soak in F10SCXD			
- Wash in washing machine (65°C for 10 min OR 71°C for 3 minutes)	After use	40ml	
- Tumble or sun dry			
- To eliminate persistent odors, add app 100ml of F10 Odor Eliminator to wash water	Weekly/ When necessary	As is	
<b>CAGES / KENNELS / SHOWER RACKS</b>			
- Remove loose debris and wash down with water			Leave to dry 10 min
- Scrub using nylon brush / broom and F10SCXD	Daily	40ml	
- Apply F10SC	Between patients	40ml	
- Deep clean using F919SC and brush off with water	Weekly/Monthly	100ml	
<b>INSECT CONTROL</b>			
- Keep all foodstuffs covered and out of sunlight – refrigerate when not in use			Leave to dry
- Lightly spray walls and ceilings in areas where fly control is required with F10 DISINFECTANT SURFACE			
- SPRAY WITH INSECTICIDE, repeat 3 or 4 applications to build-up residual coating, thereafter spray when required		As is	
<b>FOGGING</b>			
- Disinfect air spaces and hard surfaces after cleaning using F10SC through an electrical fogging machine			Leave to dry
- or by means of a garden sprayer or by using a total evacuation F10 Disinfectant Aerosol Fogger canister	Weekly/ Terminal Disinfection	40ml	
<b>AIRCON SYSTEMS</b>			
- Remove filters, wash using F919SC, rinse with water			10 min Leave to dry
- Immerse filter in F10SC	Monthly	100ml	
- F10SC can also be sprayed / fogged into air ducting	Monthly	40ml	
- Fill dispensers half way, do not top up	Monthly		
<b>SOAP DISHES / SOAP DISPENSERS</b>			
- Use of soap dishes not recommended. Wash and dry daily if used.			Leave to dry
- Fill dispensers half way, do not top up			
- When bottle is empty, wash using hot water and F10SCXD	Before filling	40ml	
- Trigger spray nozzles using F10SC	Daily	40ml	

**NOTE:** FOR FULL INFORMATION ON PRODUCTS MENTIONED ABOVE REFER TO OUR PRODUCT INFORMATION LEAFLET.

1. F919SC can be applied by hand spray or a foaming machine or high-pressure washer.
2. F10SC and F10SCXD may be applied by hand spray, foaming or fogging depending on application requirement.
3. Discretion should be used to increase/decrease the dilution of F919SC depending upon site conditions.
4. Canine parvovirus was selected as the indicator micro-organism to determine concentrations of F10SC.

**F10 PRODUCTS LTD**

**REGISTRATION HOLDER:** Health and Hygiene (Pty) Ltd (Reg. No. 94/00853/07)

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